FACTS ABOUT CARBON MONOXIDE

WHAT IS CARBON MONOXIDE?

Carbon monoxide (kar-buhn muh-nok-side) is a gas. You cannot see or smell it. There will be no smoke or fire.

WHAT CAN CARBON MONOXIDE DO TO ME?

It can make you very sick or kill you. It can hurt babies and pets, too.



Headache



Tired



Dizzy



Chest Pain



Stomach Pain

WHAT SHOULD I DO IF I GET SICK?



Go outdoors to get fresh air.



See a doctor.



If you are very sick, call 911 or the Kentucky Poison Control Hotline at 1-800-222-1222.

HOW WILL I KNOW IF CARBON MONOXIDE IS IN MY HOME?

You cannot see or smell it. There will be no smoke or fire. You can buy a carbon monoxide detector (dee-tek-ter) at a local hardware store. The detector will make a loud noise when carbon monoxide is in the air.

FOR MORE INFORMATION
[INSERT Local Health Department Name]
[INSERT LHD phone number]



Kentucky Regional Poison Center Louisville, Ky Emergency: 1-800-222-1222 http://www.krpc.com

BE SAFE WHEN THE POWER IS OFF

Carbon monoxide (kar-buhn muh-nok-side) is a gas. You cannot see or smell it. There will be no smoke or fire.

It can poison you if you try to stay warm the WRONG way.

DANGER! UNSAFE WAYS TO STAY WARM.



DO NOT use a gas oven for heat.



DO NOT use a grill indoors.



DO NOT turn your car on in the garage.



DO NOT use a generator indoors.

SAFE WAYS TO STAY WARM.



Wear more clothes and a hat.



Use blankets.



Stay in bed.



When using a kerosene (ker-uh-seen) heater, open a window to get fresh air.



Keep a generator outdoors and 25 feet away from your home and other homes.



Heat one room. Use a space heater or fireplace.



Close doors to keep heat in one room.

FOR MORE INFORMATION
[INSERT Local Health Department Name]
[INSERT LHD phone number]



Kentucky Cabinet for Health and Family Services, Frankfort, KY (502) 564-7243 http://chfs.ky.gov/dph/preparedness Kentucky Regional Poison Center Louisville, Ky Emergency: 1-800-222-1222 http://www.krpc.com